



Providence HORIZONS

Microdisc Surgery Relieves Back Pain for Columbia Man

Patients with back and joint problems are finding welcome relief at Providence Orthopaedic & Neuro Spine Institute.

Eight out of 10 people suffer from back pain. But Jon Monson of Columbia, SC, no longer counts himself among them.

That's because Jon sought treatment earlier this year at the Providence Spine Center, the newest component of the Providence Orthopaedic & Neuro Spine Institute. Providence Spine Center offers specialized care for the diagnosis and treatment of back and neck problems. The Spine Center brings together a team of highly skilled medical

professionals that manages every aspect of a patient's care, which helps to optimize recovery and minimize time away from work and family. Patients are promptly evaluated to determine the appropriate course of treatment, which can include medication, physical therapy, pain management services and, sometimes, surgery.

When Jon first arrived at the Spine Center, his back pain was so intense he had been sleeping in a chair for three months. He could no longer rest comfortably in his bed. Relying on a cane to get around, Jon knew he needed serious medical help to restore the quality of life he had once known.



Jon Monson's rapid recovery from microdisc back surgery at Providence allows him and his wife Sylvia to fully enjoy their lives together.

That's when Dr. Scott Boyd entered his life. Dr. Boyd, a neurosurgeon with the Orthopaedic & Neuro Spine Institute, evaluated Jon and realized he needed surgery to remove two cysts that had grown on his spine. Fortunately, Dr. Boyd was able to perform minimally invasive surgery to remove the growths.

"At the Institute, we have all the modern technology and equipment needed to make spinal surgery safer with better outcomes and faster recoveries," Dr. Boyd says.

Jon couldn't agree more. "We trust Providence – it's been our hospital of choice ever since we've been here."

Jon's improvement was immediate.

"Three to four hours after the surgery, I stood up and walked down the hall. It was amazing." And the next day, he was pushing a grocery cart with his wife at the store.

If you suffer from back or neck problems like Jon, Providence Spine Center might be the answer you need. You'll find Providence Spine Center on the campus of Providence Hospital Northeast in Columbia, just off I-77 at the Farrow Road exit. Normal hours are 8:00 a.m. until 4:30 p.m., Monday through Friday.

Please call (803) 865-4979 or visit www.ProvidenceSpineCenter.com for more information.